

This is YOUR place!

Wednesdays
2:30-6:30pm

(Excluding Business Holidays)

Address:

36 Pine Street, Lockport

The Couch

The MHA has a free, safe and fun space for Niagara County tweens and teens. Spend time with friends, make friends, hang out, watch movies, play video games or board games, have coffee etc.



Good times happen at The Couch!

Call the MHA for details: 716 438-3780 or email tporter@mhanc.com for more information.



Compeer®

Niagara

Mental Wellness Starts With Friendship